

PEPETAS Guitar Lesson Video in English

FS-1 / Fingering Science Step-1 "Form and Movement"

FS-101	What to Learn in This Step	Understand the progress of the lesson, the sequence of steps, and the overall picture. Clearly define what constitutes ideal fingering. Also, explain the symbols for left fingers and the names of finger joints.	7:26.
FS-102	Principles of Finger Pressing	Learn the fundamental rules and methods of finger movement when pressing the strings.	7:19
FS-103	Position	Learn the concept of "position," where the fingers always come directly above the necessary notes	9:14
FS-104	Form Classification	All forms are categorized in the explained list. Expound on this form system	6:46
FS-105	High Note Form(High strings form)	Learn the forms used for pressing the high strings. The high note form forms the basis of the rock grip	9:41
FS-106	Low Note Form(Low strings form)	Learn the contrasting low note forms, which are best suited for playing harmonics (barre)	6:31
FS-107	Mid Note Form(Middle strings form)	Learn the mid note form used on the 3rd and 4th strings, which is also the prototype for the jazz and classical grips	3:05
FS-108	String Movement with Conical Shape	Learn the method of string movement where high note, mid note, and low note forms are connected in succession, known as the "conical shape."	8:25
FS-109	String Movement with Cylindrical Shape	Learn the method of string movement utilizing the mid note form on all strings, referred to as the "cylindrical shape." This is also used in jazz grip	3:15
FS-110	Conical and Cylindrical Shape While Seated	Explain the "conical" and "cylindrical" movements while seated on a chair, as used with acoustic or classical guitars	10:26
FS-111	Horizontal, Vertical, and Diagonal Grips	Explore the grip shapes of horizontal, vertical, and diagonal for playing chords and complex single lines. Practical grip explanations for playing individual notes	5:46
FS-112	Rock and Jazz Grips	Both rock and jazz grips are part of the explained forms, but they are explained once again	3:37
FS-113	Importance of Relaxation and Discussion of Issue	Highlight the importance of relaxation and the serious issues and diseases that improper form can cause	15:21
FS-114	Methods of Adding Pressure	Learn how to add pressure, exploring three different methods based on the amount of pressure applied	12:40
FS-115	Fretting and Position Changing	Discuss fretting methods in the chromatic position, creating grips, and changing positions	16:29
FS-116	Rules for Practice Movements	Begin finger movement practice, adhering to specific rules. Explain the basic overview	12:37
FS-117	Single Finger Movements	Practice individual finger movements. Ensure uniformity	14:48

		of movement between fingers in the fretted and airborne states	
FS-118	Two Finger Movements	Be cautious about maintaining symmetry in two-finger movements	5:19
FS-119	Three Finger Movements	Explain finger combination patterns and variations in practicing three-finger movements	11:36
FS-120	Three Finger Movements	Correction of Depth - Introduce a practice for correcting depth with specific finger movements to improve form	3:17
FS-121	Four Finger Movements	Explain combinations and considerations for four-finger movements	12:13
FS-122	Stretching and Massage	Discuss stretching and self-massage techniques for fatigued arms, hands, fingers, shoulders, and back	14:25
FS-123	Closing Remarks	Extend greetings to those who have completed this step	6:59
Multi Angle Videos			
FSMA-05		Reference video _ FS-05 compatible multi-angle video	1:30
FSMA-06		Same as above with FS-06 compatibility	1:30
FSMA-11		Same as above with FS-11 compatibility	4:49
FSMA-12		Same as above with FS-12 compatibility	6:06
FSMA-17		Same as above with FS-17 compatibility	10:44
FSMA-18		Same as above with FS-18 compatibility	14:27
FSMA-19		Same as above with FS-19 compatibility	12:31
FSMA-20		Same as above with FS-20 compatibility	5:18
FSMA-21_off		Same as above with FS-21 compatibility	14:45
FSMA-21-on		Same as above with FS-21 compatibility	14:59
Include 23 videos & 1 PDF File & 10 Reference videos			